

LIPITROL



RECOMMENDED USE

- Helps the body to metabolize fats and carbohydrates
- Provides support for healthy glucose metabolism

CARDIOVASCULAR HEALTH

Lipitrol includes nutrients that support healthy glucose metabolism and help the body metabolize carbohydrates and fats to support the maintenance of good health.

Overview

Cholesterol is made soluble by bile acids, which help to enhance the digestion and absorption of dietary fats, making bile one of the major routes for the elimination of dietary cholesterol from the body. Ingested as part of the diet or derived from synthesis in the liver, cholesterol, together with bile acids, is conjugated to an amino acid and actively secreted into the GI tract.

Gugul Resin

Gugul, a resin produced by the stem of the Commiphora mukul tree, has active components called guggulsterones, which support the body's ability to metabolize carbohydrates and fats. Several small studies have shown guggulipids to support blood fat balance in humans.¹⁻³ Proposed mechanisms for gugul's lipid-balancing effect includes increasing LDL receptors on liver cells.

Chromium

Research has shown chromium to be particularly beneficial for optimal carbohydrate and lipid metabolism. Lipitrol uses a well-researched, niacin-bound chromium complex known as ChromeMate®. This unique form of chromium has been shown to enhance glucose tolerance factor (GTF), the biologically active form of chromium that works closely with insulin to facilitate the uptake of glucose into cells. In this way, it helps maintain normal blood sugar levels, especially among those with less than adequate chromium intake and those with

greater consumption of refined foods. In a study examining the benefits of ChromeMate®, healthy cholesterol levels were better maintained among men who took this unique GTF-enhancing chromium.⁴⁻⁵

Recommended Dose

Adults: Take 2 capsules per day or as recommended by your health care practitioner. For use beyond 8 weeks, consult a health care practitioner.

Medicinal Ingredients (per capsule)

Chromium (Chromium (III) Polynicotinate).....	100 mcg
Gugul (<i>Commiphora wightii</i> , Gum oleoresin).....	250 mg (2.5% Guggulsterone, 2:1, QCE: 500 mg)
Artichoke (<i>Cynara cardunculus</i> , Leaf).....	75 mg (4.5:1, QCE 337.5 mg)
Sweet orange (<i>Citrus sinensis</i> - Fruit peel and Immature Fruit).....	135 mg (33% Polymethoxylated flavones)
Oil palm (<i>Elaeis guineensis</i> , Fruit).....	15 mg (15% Tocotrienol concentrate)

Non-Medicinal Ingredients

Guar Gum, Hypromellose, Microcrystalline cellulose, Magnesium stearate, Calcium silicate, Stearic acid, Corn Starch Modified, Magnesium carbonate, Talc, Magnesium oxide, Modified food starch.

Risk Information

Consult a health care practitioner prior to use if you have gallstones, a thyroid disorder, or coagulation disorders and/or are at risk for bleeding. If you are taking anticoagulant or antiplatelet medications or beta-blockers (eg. Propranolol) or calcium channel blockers (eg. Diltiazem), consult a health care practitioner prior to use. Do not use if you are pregnant or breastfeeding, allergic to plants of the Asteraceae/Compositae/Daisy family or if you have a bile duct obstruction.

Hypersensitivity (e.g. allergy) has been known to occur; in which case, discontinue use. Discontinue use if gastrointestinal discomfort, headache and/or skin rash appear.

To be sure this product is right for you always read and follow the label.

References

1. Nityanand S, Srivastava JS, Asthana OP. Clinical trials with gugulipid. A new hypolipidaemic agent. *J Assoc Physicians India*. May 1989;37(5):323-328.
2. Singh RB, Niaz MA, Ghosh S. Hypolipidemic and antioxidant effects of Commiphora mukul as an adjunct to dietary therapy in patients with hypercholesterolemia. *Cardiovasc Drugs Ther*. Aug 1994;8(4):659-664.
3. Anderson RA. Chromium metabolism and its role in disease processes in man. *Clin Physiol Biochem*. 1986;4(1):31-41.
4. Anderson RA. Chromium metabolism and its role in disease processes in man. *Clin Physiol Biochem*. 1986;4(1):31-41.
5. Roeback JR, Jr., Hla KM, Chambless LE, Fletcher RH. Effects of chromium supplementation on serum high-density lipoprotein cholesterol levels in men taking beta-blockers. A randomized, controlled trial. *Ann Intern Med*. Dec 15 1991;115(12):917-924.